



## **WHAT IS A DILATED EXAMINATION?**

A dilated examination is one in which eye drops make the pupil of the eye larger. This allows the doctor to view a larger area of the Retina, the interior lining of the eye. It also allows the doctor to check much more thoroughly for Cataracts, Diabetic eye disease, and any indications of Glaucoma or other eye disease.

\*\*\*\*A Dilated Exam is no additional charge and takes about 20-30 minutes longer than a non-dilated examination.

## **WHO NEEDS A DILATED EXAM?**

If you are a patient new to our practice or have a personal or family history of eye health problems, the Optometrist may suggest dilating your eyes. Certain conditions may increase your risk for eye health problems. For example, if you are diabetic or highly nearsighted, we may recommend a dilated examination. Your age and other factors may also indicate that dilation is needed.

## **WILL I BE ABLE TO DRIVE?**

We use a new medication to dilate the pupils. This drop acts quickly to dilate the pupils and wears off over several hours. Although the pupils will stay large for several hours, *most* patients have no difficulty driving. You will be more sensitive to light, so we recommend that you wear sunglasses after a dilated exam. If you do not have sunglasses, we will provide you with a pair.

I have read and understand the above information. I give the doctor my consent to dilate my pupils.

yes →

\_\_\_\_\_  
Patient or Guardian (if under 18) Signature

\_\_\_\_\_  
Date

OR

I have read and understand the above information. I choose not to have my pupils dilated today.

NO →  
thanks.

\_\_\_\_\_  
Patient or Guardian (if under 18) Signature

\_\_\_\_\_  
Date